



CREATE PEACE OF MIND™

PEACELOVE COMMUNITY & IMPACT 2017





OUR PURPOSE

PeaceLove empowers people to share their mental health stories and create peace of mind through expressive arts. We use creative expression to inspire, heal, and communicate emotions that are often difficult to convey in words.



CREATORS RS

The CREATORS Program equips frontline professionals to deliver expressive arts curriculum to diverse communities across the country and overseas. Facilitators work directly with individuals, families, and groups to help them achieve improved mental health and better quality of life through creative expression.



CREATORS
PROGRAM IMPACT CASE STUDY

PeaceLove at Family & Children's Aid

In June 2016, we opened our first on-campus PeaceLove Studio in Danbury, Connecticut to further amplify the impact of the CREATORS program. ***In July 2016 we started to measure the efficacy of the program with goals of increasing mental health outcomes, decreasing no show/cancellation rates, decreasing problem severity, and increasing group sessions.***

Through expressive arts & storytelling we are delivering unique and innovative tools to improve mental wellness for participants and staff alike. Together we are building more connected and trusting relationships with children and families throughout Connecticut.

From January 2017 through July 2017 FCA ran 115,202 sessions, surpassing their goal to increase group sessions by 30% within the first five months in the year. Children receiving therapy in conjunction with the PeaceLove modality have the lowest rate of problem severity. From July-December 2017, FCA is planning to reach an additional 2,100 children utilizing PeaceLove.



**Children participating in groups in conjunction with traditional therapy have on average 5 percent lower scoring on problem severity scale.*

PeaceLove's Impact at FCA JULY 2016 - JULY 2017



900

children at FCA received
PeaceLove programs



72%

increase in function



41%

decrease in problem severity*



30%

decrease in the no show/
cancellation rate



30%

increase in group sessions
(in 5 months)



A LOOK INSIDE

CREATORS

Turn the page for a few stories about how our CREATORS are using expressive arts workshops to help create peace of mind.



Everyone is an Artist

The "Creative Calisthenics" workshop uses paint to help participants get out of their comfort zones and focus on something that brings them peace of mind.

"Mustard Seed Communities serves many different populations with one being adults who are mentally and physically disabled. Creative Calisthenics was facilitated with 9 residents of "The Village" who range in ability. This was the absolute perfect workshop to do with this particular group of residents. They were so engaged during the entire workshop!

After the workshop was my favorite part... each of the residents were showing off their VERY OWN ART PIECE! The pride they felt and expressed was enough to fill my heart forever. They do not have this opportunity on a regular basis to own something that is just theirs and that they are proud of. PeaceLove brought this sense of ownership and pride to each of the participants in this workshop!"

CREATOR Katie Haidemenos is a Campus Minister at La Salle Academy in Providence, RI during the school year and spends her summers volunteering with Mustard Seed Communities in Jamaica.



Walk in my Shoes

The “Story Shoes” workshop gives participants the opportunity to express their unique story and life journey using three-dimensional collage and creative writing.

“This workshop remains one of my all time favorites. It is so impactful and it truly allows for freedom of expression in all forms. My participant had an amazing time with this workshop and I really think it was memorable for her!”

The participant shared, “this workshop allowed me to identify with a part of my story that I have kept a secret for so long. I feel like I can talk about it more freely and want to do more to become knowledgeable about my cancer.”

CREATOR Lea Thompson is a Child Life Specialist at Summerlin Hospital in Nevada. She works with children and families in the hospital to help them cope with the challenges of hospitalization, illness and disability.





Expression Without Words

The "Rhythm and Color" workshop encourages participants to express themselves through music making, moving to the beat, and playing with color and imagery.

"When English isn't your first language and you have big feelings you can't express with words, sometimes getting to choose the instruments to get those emotions out is such a happy thing! If you're four years old and dealing with failing vision, you enjoy honing those auditory skills! When you have more energy than most, and more adverse childhood experiences than most people would consider possible, a break from the classroom to bang, beat, ring, shake, and create is time well spent!"

CREATOR Angie Lewis Cain is Preschool Coordinator for Winchester Public Schools in Virginia and works with preschoolers in the Winchester school district.

In Their Words

Our **CREATORS** experience the transforming power of expressive arts firsthand. Here's what they have to say about PeaceLove:

"PeaceLove has

RESTORED
A SENSE OF
HOPE

in a place where people often feel hopeless."

"A kid recently told me that

he forgot
he had OCD

while he was making art in a workshop. I think that was my proudest moment so far."

"I love this work.

I am deeply moved by what I see coming from those who participate in the PeaceLove Workshops. People open up and get to experience something that touches a truth inside them and they have an experience that feels

GOOD

and

healing

and

REAL

and

CONNECTED.

"I just want to reiterate how AWESOME it is to have participants want more time after spending close to two hours in a group. I haven't experienced a group that even gets close to the following and dedication participants have to PeaceLove. It is so inspiring to see others share their story in a way that is

LOVING, SAFE & VALIDATING.

"Take every opportunity to share this wonderful gift. It can

OPEN THE DOOR
to some of the most
LOCKED AWAY
thoughts & emotions

that many of my patients never even knew was there."

"Thank you for this opportunity. It has

changed
my life.

THANK YOU



52,337
Experiences



95
Trained CREATORS



17
States



3,741
Workshops

PeaceLove's impact is possible because of the support of:

Organizations:

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Stephen Lukin
Stephen Saunders
Steve Sigal
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Tom Krouse

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CREATORS:

Allison Giuliano
Amanda Malone
Amara Riccio
Amy Niezrecki
Andrea Anzalone
Andrea Barrett
Andrew Wolff
Angie Cain
Ashley Mazejko
Ashley Quan
Becca Taylor
Bel Thayn
Bethany Diedrich
Bob Robillard
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Erin Albanese
Gayle Canary
Hallie Noel
Heather Potter
Janice Sanchez
Jelly Feliz
Jenn Toutain
Jessica Raymond

Jose Rosario
Juls Johnson
Kara Ronayne
Katelin Trinidad
Kate St. Onge
Katie Haidemenos
Kimberly DiOrio-Rooney
Kim Kelly-Walker
Kyle Amsler
Kyri Barilone
Laura Buss
Lea Thompson
Leigh Silveira
Lisa Pease
Lori Janik
Lynn Michaelson
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Rafaela Moraes
Rose Gray
Sandy Nolan
Stephanie Lanzi
Sunny Ennis
Tammy Woodruff
Taylor Hooker
Theresa Foster
Traci Aoki-Tan
Valerie Carter
Vanessa Cubellis
Viviana Zendejas



peace
love

®

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create peace of mind.

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